

Korean Student Teachers in C21 and C20

In week 6, we welcomed 5 Korean student teachers across C21 and C20.

Our visitors actively supported our learning in the classroom and shared engaging lessons about Korean culture.

Students had the valuable opportunity to learn about traditions, language, and games in Korea. Even in a short 4-day week of school, they made a meaningful and lasting impact on both of our classes.



Community Clubs Project

As part of our Community Clubs project this term, both classes worked on spreading kindness and positivity in our local community. During our recent visit to Denis Morrissey Park, students decorated colourful "positive pop sticks" and painted uplifting messages on rocks. Our creations were then placed around the park for members of the community to find and enjoy.



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Principal's Message

Dear Parents,

Australia has one of the highest rates of skin cancer in the world. The sun's ultraviolet (UV) radiation is the major cause of skin cancer. UV damage also causes sunburn, tanning, premature ageing and eye damage. The good news is you can prevent damage – and skin cancer – by being SunSmart. Sun protection is recommended whenever UV levels reach 3 or higher.

East Torrens PS is a sun smart school. For the school, this means that students must wear their hats all year when learning or playing outside as there are very few days in Adelaide where the UV is below 3. When the temperature is above 36 degrees, students do not play outside but spend break times with their teachers in the class. Children are encouraged to have sunscreen applied in the mornings at home and reapply the sunscreen before recess time for maximum protection. Please send a labelled bottle of sunscreen in your child's bag and teach your child to apply this to areas not covered by clothing. Roll on sunscreens are usually easier for children to use.

For the best protection, use all five SunSmart steps:

1. Slip on covering clothing

Choose clothing that covers as much skin as possible, for example, collared shirts with long sleeves.

2. Slop on SPF 50 or SPF50+, broad-spectrum, water-resistant sunscreen

Apply a generous amount of sunscreen to clean, dry skin at least 20 minutes before you go outside. Reapply sunscreen every two hours.

3. Slap on a hat

Choose, a broad-brimmed bucket style hat which shades your face, nose, neck and ears, which are common sites for skin cancers. Caps and visors do not provide enough protection.

4. Seek shade

Use trees or built shade structures. Shade reduces UV radiation, but it can still reach you via reflection, so make sure you use shade in combination with other sun protection measures.

5. Slide on some sunglasses

Sunglasses and a broad-brimmed hat worn together can reduce UV radiation exposure to the eyes by up to 98%. Sunglasses should be worn outside during daylight hours.



Regards, *Lynette Gimons*

Term 1, 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	26/01/2026	27/01/2026	28/01/2026	29/01/2026	30/01/2026
	Australia Day	Term 1 starts			
2	02/02/2026	03/02/2026	04/02/2026	05/02/2026	06/02/2026
			School Tour 4pm		
3	09/02/2026	10/02/2026	11/02/2026	12/02/2026	13/02/2026
		Aquaintance night Friendology Workshop			
4	16/02/2026	17/02/2026	18/02/2026	19/02/2026	20/02/2026
5	23/02/2026	24/02/2026	25/02/2026	26/02/2026	27/02/2026
	Governing Council AGM 6pm			School Tour 10 am	Pupil Free Day OSHC Available
6	02/03/2026	03/03/2026	04/03/2026	05/03/2026	06/03/2026
	← Numeracy Yr 1 →			→ Colour Run ←	
7	09/03/2026	10/03/2026	11/03/2026	12/03/2026	13/03/2026
	Adelaide Cup		NAPLAN		
8	16/03/2026	17/03/2026	18/03/2026	19/03/2026	20/03/2026
	Governing Council 6pm	School Tour 2 pm	NAPLAN	← Mainstream Parent/Teacher Interviews →	
9	23/03/2026	24/03/2026	25/03/2026	26/03/2026	27/03/2026
10	30/03/2026	31/03/2026	01/04/2026	02/04/2026	03/04/2026
				Sports Day	Good Friday
11	06/04/2026	07/04/2026	08/04/2026	09/04/2026	10/04/2026
	Easter Monday				End of Term 2 pm dismissal

Wellbeing from The Nest



Hi from the Nest

As we head into the second half of the term, it is safe to say there is a lot going on around the school to be excited about.

- Our **Friendology Fun Day** was a great success, with our students having the opportunity to be involved in some fun activities throughout the day while starting to learn more about Friendology and what it means to be a great friend.
- It was wonderful to see so many families at the **Friendology Parent Workshop** on Acquaintance night. This workshop allowed parents to get a first-hand look at the Friendology Program and what it will look like at East Torrens.

With **Colour Run** being held on **Friday, 6th of March**, students are getting excited and still asking the question “Which teachers are being slimed?” All will be revealed at the assembly the morning of the Colour Run. It is not too late to raise money for the event, as fundraising does not close until the 12th of March. This means students can continue to raise money for a week after our Colour Run.

Keep up the great work.

Mrs Piro



Friendology

Our school has launched the Friendology Framework this year and all students across the school will be given the opportunity to work through a series of 8 lessons in class learning more about healthy friendships, friendship fires and mean on purpose. They will develop skills and strategies to support their friendships as they move through school and beyond.



URSTRONG's whole-school friendship strategy has improved the social climate in schools around the world, connecting over a million kids, parents, and teachers with a common language of friendship. We are proud to be a URSTRONG School and are committed to empowering your children with friendship skills.

You are invited to take advantage of a **FREE Parent Membership** to access hundreds of resources – including an 8 session video series. This will allow you to learn the same language & strategies being taught in the classroom through the Friendology IOI curriculum. We hope that, as a URSTRONG Family, you will reinforce the important messages of empowerment, self-compassion, & kindness at home.

Please see flyer for more details and use the link to sign up for the free parent resources [For Parents | URSTRONG](#)





WE ARE PROUD TO BE A

URSTRONG SCHOOL

Creating a kinder world by empowering kids with friendship skills.

URSTRONG's whole-school friendship strategy has improved the social climate in schools around the world, connecting over a million kids, parents, and teachers with a common language of friendship.

URSTRONG teaches kids what's normal in a friendship and the difference between healthy and unhealthy friendships. In short, we teach kids how to become Friendship Ninjas.

Friendship Ninjas know how to put out common Friendship Fires® and how to combat Mean-on-Purpose behaviour by using their Quick Comebacks. Friendship Ninjas can get their friendships back into the Green Zone by taking steps to Talk-it-Out and they also understand that friendships can change and that's okay too.

There's a Friendship Ninja in all of us and URSTRONG helps kids discover theirs!

Discover everything URSTRONG has to offer and sign up to your included Parent Membership at urstrong.com



PEST!
GET THAT GLOSSARY ON YOUR FRIDGE. THEN YOU CAN USE OUR LANGUAGE OF FRIENDSHIP TOO!



Wellbeing from The Nest

THE URSTRONG

GLOSSARY

KIDS' LANGUAGE FOR KIDS' PROBLEMS

AT URSTRONG, WE BELIEVE IT'S IMPORTANT TO USE KIDS' LANGUAGE FOR KIDS' PROBLEMS. THAT'S WHY WE HAVE OUR VERY OWN, UNIQUE LANGUAGE OF FRIENDSHIP. HERE ARE SOME IMPORTANT TERMS THAT CHILDREN, PARENTS, & TEACHERS LEARN IN OUR PROGRAM.



FRIENDSHIP NINJA

A Friendship Ninja is someone who surrounds themselves with friends in the healthy zone of the Friend-o-Meter.

A Friendship Ninja is kind and friendly to everyone.

A Friendship Ninja understands the 4 Friendship Facts and puts out their Friendship Fires® when they ignite.

A Friendship Ninja stands up for themselves and their friends. A Friendship Ninja makes new friends and understands that friendships change, and that's okay.

Above all else, a Friendship Ninja is someone you want to be friends with because they're true to who they are!



FRIEND-O-CYCLE

The normal cycle of conflict in a friendship.

The phases of the Friend-o-Cycle are:

- Healthy Friendship
- Friendship Fire®
- Confront the Issue
- Talk-it-Out
- Forgive & Forget
- Closer & Stronger
- Healthy Friendship!



FRIENDSHIP FIRE®

Normal conflicts like hurt feelings, disagreements, and misunderstandings.



FRIEND-O-METER

A visual tool that helps assess how we are feeling in our friendships.



MEAN-ON-PURPOSE

Intentionally cruel, rude, malicious behaviour that is designed to hurt someone.



4 FRIENDSHIP FACTS

A set of four facts that help us have realistic expectations in our friendships so we understand what is normal.

1. No friendship (relationship) is perfect.
2. Every friendship is different.
3. Trust & Respect are the two most important qualities of a friendship.
4. Friendships change... and that's okay!



QUICK COMEBACK

A very short word or phrase that is used when someone is Mean-on-Purpose.

Quick Comebacks are designed to let the other person know that you heard/saw what they did and you're not okay with it.

LEARN MORE AT URSTRONG.COM



Wellbeing from The Nest

Values Certificates

Excellence	Community	Respect	Empathy
Jasper C21	Muhammed H22	Isla H22	Matilda M4
Hesam M6a	Jordan C20	Su Nguyen M6a	Panisa M5
Nicky H23	Gawon C21	Kandy M9a	Ganeve C20
James H23	Skye C21	Ella R14	
Seyhi M8	Irene C20	Chloe R14	
Finlay M4	Anna M8	Ethan M3	
Kyro M5	Joaquin M3		



Raffle Tickets Weeks 4 and 5



CJ C21
 Ivan M3
 Ella R14
 Kevin M5
 Kandy M9a
 Shanum R12
 Meha M8
 Andrey C20
 Eleanore R14
 Anam M8
 Keyaansh M6a
 Alrayyan M3
 Keimi M9a
 Joaquin M3



Children's University

East Torrens will once again be participating in the **Children's University** led by the Adelaide University. Although the program is available for students who are 5-14 years old, we are offering the program for students in Year 3-6 only.



The Children's University allows students to receive hours for learning completed outside of school as well as lunchtime and after school. There are also online activities that students can complete and places to visit if families are interested. Some of these are at a cost.

The cost of the program is \$16.50 for each child. This fee covers the passport children receive to record the hours they have completed and also gives them access to an online portal which has many different learning opportunities they can access including some of which are free of charge. It also covers the cost of the graduation ceremony that students participate in if they achieve a minimum of 30 hours or more. If students are continuing from last year, they are still required to pay the membership for this year. A further payment of \$7.70 will be required by students who have participated before, but have lost their passport.

If your children are interested in becoming members of the Children's University for 2026, click on the QR code and it will take you to the registration page. Registrations and payment are due by Wednesday, 18th of March (Week 8). Please note no late registrations will be accepted.

Payments can be made directly to the school using the bank details below

Account Name: **East Torrens Primary School**

BSB: **105-110**

Account Number: **037237240**

Reference: **CU- Child's Name-Room Number**

If you have any questions regarding the program or you need assistance with the registration forms, please contact me at school or using the following email melissa.ciufoli658@schools.sa.edu.au.

Please note that without payment, passports will not be issued to students and hours will not be recorded.

Looking forward to another successful year of Children's University.

Kind regards

Melissa Ciufoli

School Children's University Coordinator



Reminder: Materials and Services Charges for 2026

Statements for the 2026 Materials and Services Charges have been emailed to all families, and a letter has also been sent through Audiri.

We kindly request that payment be made by the **due date of 26 March 2026.**

If you are unable to pay the full amount by the due date, please contact the school to arrange an instalment plan as soon as possible.

If you believe you may be eligible for the School Card scheme, please submit your application promptly, as approval is not automatic and must be applied for each year.

School Card Scheme

If you're a low-income family with children attending government schools, you can get financial help with school fees, materials and services charges through the School Card scheme. You could also get access to a free device if your child is in year 7 or 10 and their school takes part in the department's School Device Program.

Parents should speak directly to their school about financial help.

Who can apply

School Card is available to:

- families with children aged 4 years and over who attend a school full-time
- independent full-time students studying year 10, 11 or 12
- adult re-entry students who are completing their SACE.



[Click for more information](#)
[and to complete the application form.](#)

Intensive English Learning Program News (IELP)

Dear Families,

Welcome to our school community!
I am delighted to warmly welcome our new students and families who have joined us this term. We are excited to begin this journey together and look forward to a year filled with learning, growth, connection and shared success.

Virginia Wong
– M10 Receptions/Year 1

Ravinder Kaur
– M6A Year 4/5

Erin Pedler
– M9A Year 1

Rachel Colquhoun & Penny Kavuki
– M5 Year 6

Chamila Chandrasena
– M8 Year 2/3

Yiota Chronis
IELP Leader

NEW STUDENTS

M10
Yina C
George L

M6A
Matt L

M9A

M5
Lani L

M8
Shailja M

SAPSASA NEWS

On Wednesday of Week 6, Jasper (C21) competed for East Torrens at the annual **Torrens River District swimming carnival** for the 11-year male category.

Jasper came first in his three 50m events: freestyle, breast-stroke and back-stroke.

He will now compete for the Torrens River District at the up-coming state trials.

WELL DONE AND GOOD LUCK JASPER!!



2026 HOUSE TEAM ELECTIONS

In Week 6 the **East Torrens' House Team Elections** were held and it was fantastic to see so many senior students take the risk to write a speech and deliver it in front of their peers and team mates. Each team voted for their year 6 captains and the remaining year 6s and year 5s tried to win a vice-captain position. Well done to all who dared to dream.

The Amber team elected Layton (C20) and Ayrah (C20) as their captains, with Seb (C21) and Ichika (M5) as their very capable vice-captains.

The Reid team voted for Caleb (C20) and Martina (C21) as their captains , with CJ (C20) and Sarah (C21) as their strong vice-captains.

The Heath team chose Jasper (C21) and Panisa (M5) and Pavni (C20) as their captains, with Anish (C20) and Fanta (C20) (absent from the photo), as their very competent vice-captains.

Congratulations to all of the successful candidates!

Captains and Vice-captains will now attempt to guide their teams to victory at our Week 10 Sports Day, and for the 2026 House Cup, in Term 4.





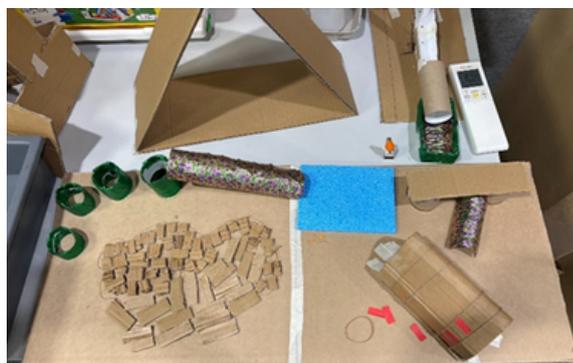
STEM at Our School - Building Brave, Bold & Brilliant Thinkers

Recently, our teaching staff participated in a professional learning day focused on strengthening STEM (Science, Technology, Engineering and Mathematics) across our school.

Throughout the day, teachers explored the updated South Australian Design and Technologies curriculum and unpacked what this means for our students from Reception to Year 6. A key focus was sustainable design, helping students learn to think creatively, solve real-world problems, and consider how their ideas can positively impact people and the environment.

Teachers experienced hands-on design challenges themselves, working through the same design process our students will use:

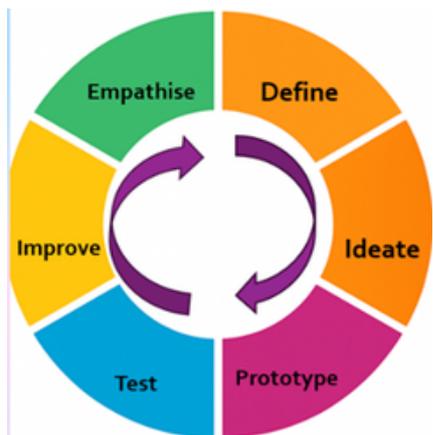
- Identifying a problem
- Generating ideas
- Building prototypes
- Testing and improving their solutions



It was a highly engaging day that reinforced an important message, STEM is not an “extra subject,” but a powerful way of teaching that builds collaboration, critical thinking, creativity and resilience.

In Term 2, students will begin working on sustainable design challenges within their classrooms, applying their learning in meaningful and practical ways. These projects will form part of our upcoming STEM Spectacular later in the term, where families will be invited to see and celebrate student learning.

We are excited to see our students grow as **Brave, Bold and Brilliant designers and problem-solvers.**





Dear Parents and Caregivers,

We are excited to share that our recent playgroup sessions have been centred around early literacy development, with a special focus on learning the alphabet and engaging in pre-writing activities.

Through a variety of fun, hands-on experiences such as alphabet games, storytelling, sensory play, and drawing exercises, children have been encouraged to recognise letters, begin forming letter shapes, and build the fine motor skills needed for writing. These activities are designed to foster a positive attitude toward learning, support language development, and prepare your child for their next stage of education.

We encourage you to join in the activities where possible and support your child's literacy journey at home by singing the alphabet song, reading together, and providing opportunities for drawing and mark-making.

If you have any questions or would like further ideas for supporting your child at home, please feel free to speak with us at playgroup every Wednesday at 9am.

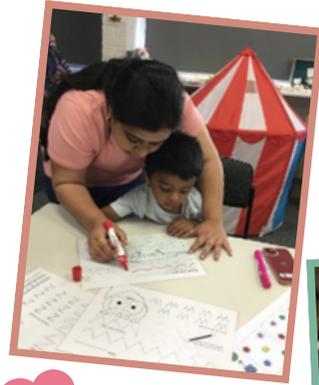
See you at Playgroup!

Jo, Lisa, and Ms A

Come and join us!

If you would be interested in joining playgroup please register at

[East Torrens Playgroup Registration Of Interest](#)




Welcome to 2026		Week 6: Pre-Writing Activities	
Week 1: Welcome Back to Playgroup	 <p>Come in and join us on Wednesday morning!</p> <p>Playgroup term program</p> <p>Routine Play Time Group Time Singing Listen to a story Dancing Shared Fruit Time</p> <p>Week 11: Library Visit Nature Play</p> <p>What to bring</p> <p>Healthy snack ideas</p>	Week 7: My Body 5 senses	
Week 2: All about Me!		Week 8: Autumn	
Week 3: St. Valentine's Day		Week 9: Easter Activities	
Week 4: Chinese New Year		Week 10: Pre-Number Activities	
Week 5: Alphabet Soup			

Autism Inclusion



April is World Autism Month World Autism Awareness Day: April 2nd

World Autism Month is about raising awareness, acceptance and inclusion of autism. More than 290,000 Australians are autistic and 1 in 4 Australians have an autistic family member.

Thursday, April 2nd (week 10) is World Autism Awareness Day.

This global event has been running since 2007 to raise awareness, acceptance, and appreciation of autistic people. By promoting understanding and acceptance, we can create a more inclusive and supportive environment for everyone.

At East Torrens Primary School, we are dedicated to creating an inclusive environment where every student feels valued and supported.

Our Autism Inclusion Teacher (AIT), Maria Primavera, promotes inclusion and diversity by sharing best practices and resources through the AIT initiative.

The poster shares some considerations that have been made by the autistic and autism communities around some respectful ways we can promote autism awareness, acceptance and appreciation

Promoting Autism Awareness

AUTISM INCLUSION TEACHER INITIATIVE

World Autism Awareness Day is April 2nd

Since 2007, the United Nations has observed this day to affirm the rights and freedoms of autistic people. Today we have moved beyond raising awareness to promoting acceptance and appreciation of autistic people and their contributions to society.

Below are some considerations around respectful ways to raise awareness and promote acceptance and appreciation. To be inclusive when referring to an autistic learner, you can understand and respect their identity by recognising their unique strengths and abilities. Celebrate and affirm your learner however they choose to identify. We have presented the preference of the majority of the autistic community, however we encourage you to use respectful curiosity to learn and affirm each individual preference.

- We use the infinity symbol to represent autism.**
The infinity symbol also represents neurodiversity and the infinite ways of being. It can symbolise the infinite potential and possibilities. The continual loop represents the continual need for support, understanding and acceptance. We avoid using puzzle pieces as they can suggest that autism is puzzling, or needs to be solved, or that autistic people need to fit in.
- We use rainbow or gold to represent autism.**
Rainbow represents the spectrum, diversity and that all colours are included. Gold represents value and worth. The chemical symbol for gold is Au. We avoid using blue, as it represents the stereotype that it's more common in boys. The 'light it up blue' campaign is associated with an American organisation that wanted to fix or cure autism. Many people in the autistic and autism communities avoid associating with this.
- Try using identity-first language and avoid diagnostic terms.**
'Autistic student' is an example of identity-first language, versus 'student with autism'. Autism is a valuable and important part of someone's identity, which is why many people prefer to use identity-first rather than person-first language. Try using terms such as 'autistic' and 'autism'. ASD is a diagnostic term. Unless you are specifically talking about a diagnosis, autism is not seen as a disorder. Similarly, we recognise that everyone's ability varies between every area of living. This is a dynamic view of functioning, versus describing someone as a high or low functioning autistic.
- We are inclusive.**
Attending education, having needs and engaging in interests is something that everybody has and does. Having a disability might make those things different, but not special. Inclusive education is a fundamental human right of all learners (UNCPRD, 2016).

Government of South Australia
Department for Education

If you have any questions or would like to chat, you can email Maria Primavera (AIT) at: maria.primavera797@schools.sa.edu.au

Pastoral Care News



Hello East Torrens!!

What a term we have had already!!

I have been a busy bee doing Kimochis in R12, R13 and H23 and we have been learning how to work as a team and discovering the Kimochis characters.



Last week, R12 started Kimochi battles; a battle of the emotions, where we discover our emotions and we learn coping ways to process them in a fun light hearted way of a series of games. Last week, students were assigned a team, and you can't have a team without a team name! Our team names are based off the Kimochi characters and they are; Bug the Thug, Bella Nose, Cat Snack, Dove and Dive, Hug my Toes and Loudy Cloudy.

Last week the students made their team mascot and played minute to win it, where I would ask a trivia question and one person from the team would come up to the front, do 10 start jumps then ring the bell to answer. Whilst it was a race to see who was going to ring the bell first, it was quiet entertaining watching variations of how students do star jumps!

Throughout the term, the teams will compete in various challenges to see who is the ultimate Kimochi team!

Regards,
Lisa



RECEPTION ENROLMENTS 2026

If your child is due to start school in 2026, please complete the online Registration of Interest form to be added to our waiting list



Is your child due to start Reception in Term 1 or Term 3 of 2026?

Please visit our website www.ettorrensps.sa.edu.au to complete our **registration of interest form**.

<https://www.ettorrensps.sa.edu.au/enrolments/registration-of-interest/>

For information regarding our **Principal's School Tours** please visit

<https://www.ettorrensps.sa.edu.au/enrolments/school-tours/>

	There are two intakes per year	
	Children who are born between 1st November and 30th April , will commence in Term 1 of the following year and complete 4 terms of reception.	Children who are born between 1st May and 31st October , will commence in Term 3 and complete 6 terms of reception.
	TERM 1	TERM 3
Registration of Interest forms to be received by the school.	Due: Term 2, Week 10 - 4/7/2025 Please submit your Registration of Interest as soon as possible in order to be placed on our waiting list. The enrolment officer will acknowledge your submission via email.	
Email sent regarding placement at ETPS	From: Term 3, Week 1 21/7/2025	From: Term 1, Week 3 9/2/2026
Acceptance of Enrolment offer due	Due: Term 3, Week 2 1/8/2025	Due: Term 1, Week 4 20/2/2026
Attend scheduled enrolment meeting	Term 3, Weeks 9 & 10 15/9/2025 to 25/9/2025	Term 2, Weeks 2 & 3 4/5/2026 to 15/5/2026
Attend 3 scheduled Transition Visits	Term 4 Thursday 20/11/2025 Wednesday 26/11/2025 Wednesday 3/12/2025	Term 2 Thursday 11/6/2026 Wednesday 17/6/2026 Thursday 25/6/2026

RECEPTION ENROLMENTS 2027

If your child is due to start school in 2027, please complete the online Registration of Interest form to be added to our waiting list



Is your child due to start Reception in Term 1 or Term 3 of 2027?

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Attend 3 scheduled Transition Visits	Term 4 Thursday 19/11/2026 Wednesday 25/11/2026 Wednesday 2/12/2026	Term 2 Thursday 10/6/2027 Wednesday 16/6/2027 Thursday 24/6/2027